

CAREGIVER CONNECTION CARD

Young Audiences of Louisiana 
BABY ARTSPLAY!™
 Presented by The Helis Foundation

Fun at the Zoo

Motor Skills

By now your child is walking, running, skipping around, and maybe even attempting to dress herself. Among other things, she is developing balance and coordination, strength and endurance, and body awareness. Using these large muscle groups (exercising gross motor skills) enables your child to perform everyday functions and will affect her ability to use small muscle groups (utilizing fine motor skills). Active play that uses the large muscles in her legs, arms, and trunk is important for good health, as well as physical and cognitive development.

Tips to Connect

Yoga is a great activity to help with balance. Many yoga poses have names to help simplify the understanding of the pose, like “tree pose” or “downward-facing dog.”



MAIN PROP

Zoo Animal Finger Puppets

**ALTERNATIVE PROP
Ball**

Your child is the perfect age to learn to play catch. Show your child how to hold out her hands and throw a ball directly, and gently, into them. Start out standing close together. As your child grows more confident, move farther away.

Audubon Zoo “Parade”

Chant

*Here come the animals marching, marching,
 Here come the animals marching, marching
 Here they come now, here they come now
 Down at the Audubon zoo parade*